

Welcome back! Happy New School Year!

Wednesday
Date: 8/26/20

Dear Parents,

Provided are worksheets for your student's academics. You may start at a time that is tailored to your scheduling needs. It is recommended to complete the worksheets, and then apply it into their everyday lives. Due to being Adult Transition, being hands on and creating real life situations is extremely beneficial. In **bold**, are IEP goals adapted for your child.

Go over schedule for the day

1. Class Schedule Social Story worksheet- read verbally so you can use daily.
2. Use daily this schedule to either verbally, trace, or write on or on separate piece of paper.

This will meet Telling time/ Assemble schedule/Sequencing goals as required.

Snack

Please help students make a healthy choice (give at least two options) and give verbal step by step instruction on how to prepare the snack with materials needed to eat the snack

This will meet Meal Prep/ Coping strategies / Requesting wants and needs / Requesting break / Budgeting foods/ Menu items/ Sorting/ Following Directions/ Share Feelings/ Toileting goals/Total Communication / Yes/No/ Familiar Materials Away goals as required.

Social interaction/game

-This can be any game that you have. EX: Uno, Sorry, Trouble, Life, Checkers, Tic-tac-toe, etc. Please emphasize common phrases such as "my turn, your turn, tapping, and waiting your turn", etc.

Note: The more people, the merrier!

This will meet Coping strategies/ Requesting wants and needs / Requesting break/ Sharing Feelings/ Following Directions/ YES/NO/ Cooperative/ Total Communication goals as required.

Activity 1- Community-

-Follow directions provided.

This will meet any Community exploration/ Following Directions/ Share Feelings Total Communication/ YES/NO goals as required.

Meal preparation/Lunch

1. Lunch Social Story worksheet- read verbally so you can use daily.
2. Please help students make a healthy choice (give at least two options) and give verbal step by step instruction on how to prepare the lunch with materials needed to eat the lunch.

This will meet Meal Prep/ Coping strategies / Requesting wants and needs / Requesting break / Budgeting foods/ Menu items/ Sorting/ Following Directions/ Share Feelings/ Toileting goals/Total Communication / Yes/No/ Familiar Materials Away goals as required.

Activity 2- Job Preferences- *"Teacher"*

-Follow directions provided.

This will meet WH (comprehension)/Sequencing/ YES/NO/ Following instructions / Vocational / Cooperative/ Total Communication goals as required.

Activity 3- Math- "~~Budget~~" *Quantitative Concepts / Matching*

-Follow directions provided.

This will meet Addition-Subtraction / Dollar Up/ Food Budgeting/ Money Identification/ Budgeting/ Following instructions / Vocational / Cooperative/ Total Communication math goals as required.

Exercise

1. Exercise Social Story worksheet- read verbally so you can use daily.
2. A) Arms- _____ B) Legs- _____ C) Abs- _____

This will meet PE/ Transition/ Mobility/ Follow directions and requests goals as required.

Chores

1. Go over the Task Analysis
2. "*Trash*" Please provide verbal or visual step by step instructions as needed.

This will meet Following instructions / Requests/ Vocational / Cooperative goals as required.

Any questions, please feel free to contact me by email gbenner@hbic.org,
or cell 714-308-9665 (text-best- or call)

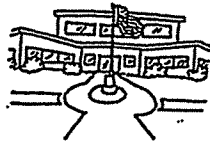
Thank you,

Gretchen Benner, M.S.

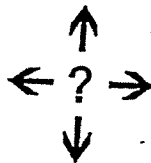
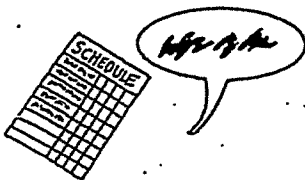
Adult Transition Teacher

The Cleta Harder Developmental School

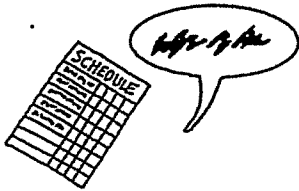
Class Schedule



I have a schedule at school.



The schedule tells me where my classes are.



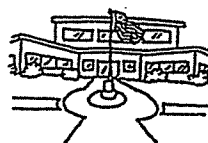
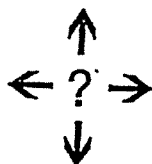
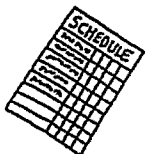
The schedule tells me when my classes start.



I have _____ different classes.
(number)



A bell will ring when it is time to go to the next class.



A schedule helps me

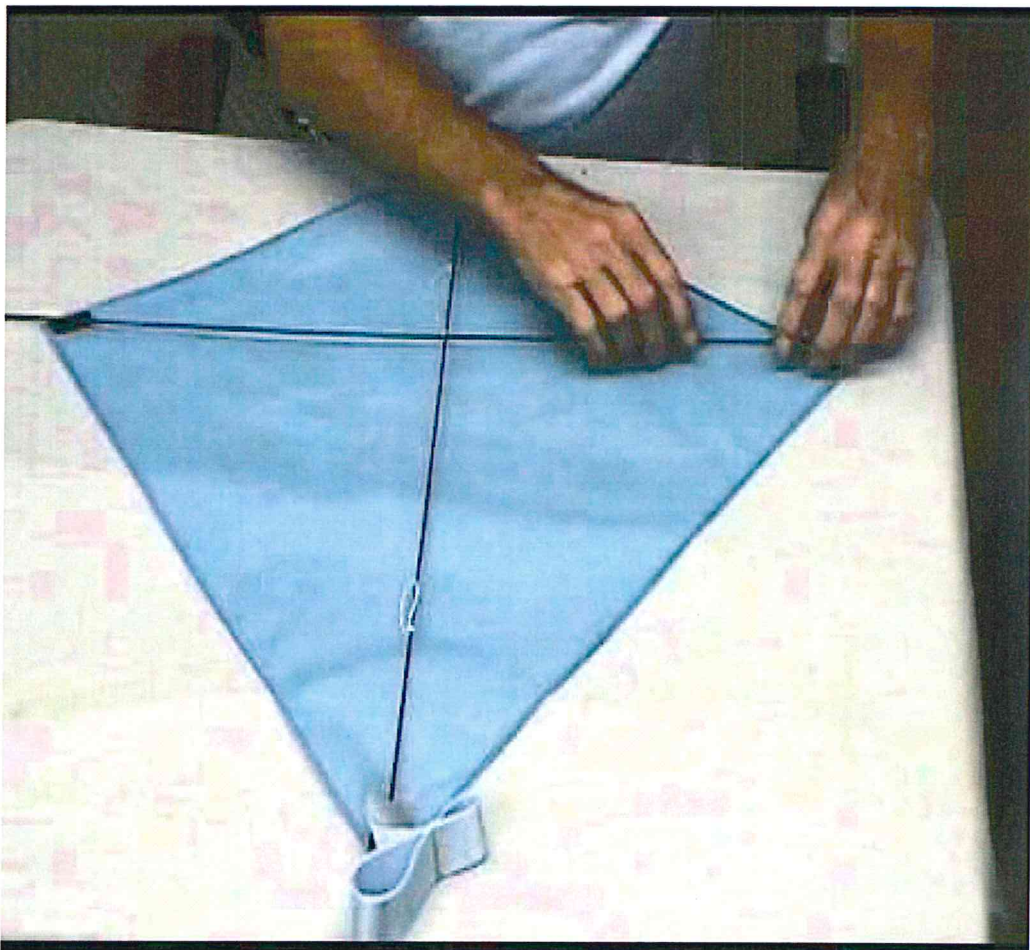
Social distancing activity #5
Flying a kite



The first thing is to purchase a kite at your local dollar store. Preferably Dollar Tree. But remember don't forgot to wear your mask when entering the store.



Once you purchase your kite, head back home to assemble your kite. Each kite has an instruction manual. Please read it for further instructions to make a kite.



Once your done making your kite, head outside to an open area where it's safe to fly your new kite. Once you are in an open area, Unravel the string and slowly run with the kite until the kites in the air.



There you have it ! The kite is fully up in the air to have the most fun and experience ever!



Flying a kite quiz

1. Where can you purchase a kite from?

- A. Dollar tree
- B. 99 cent store
- C. Amazon
- D. All of the above

2. The first thing you need to do after purchasing your kite is to?

- A. Cut it up into small pieces
- B. Assemble your kite
- C. Throw it in the trash
- D. Play catch with it

3. Once you unravel the kites you must what to fly the kite?

- A. Jump around
- B. Run
- C. Walk backwards
- D. Sit down

4. For better experience the weather must be?

- A. Windy
- B. Snowing
- C. Rainy
- D. Cloudy

Lunch



I have _____ minutes to eat my lunch.

(number)



My next class starts at _____.

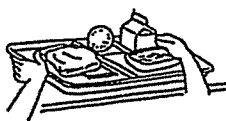
(time*)



I will try to finish eating on time.



If I take too long to eat, I might be late for class.



If I finish my lunch early, I can _____.

(appropriate activity)



I can't go to my next class until _____.

(time*)

Job Preference

Teacher



1. Where does a teacher work?

2. What does a teacher do?

3. Does a teacher work well with others?

4. What is one tool a teacher uses?

5. What is one thing a teacher can help you with?

Which Is Greater?

Name: _____

1. Count the items in each row. Place the number in the box.
2. Place a checkmark in the small box next to the number that is greater.

Number Which is greater?



--	--



--	--

<input checked="" type="checkbox"/> 1
<input checked="" type="checkbox"/> 2
<input type="checkbox"/> 3

<input checked="" type="checkbox"/> 1
<input checked="" type="checkbox"/> 2
<input type="checkbox"/> 3

<input checked="" type="checkbox"/> 1
<input checked="" type="checkbox"/> 2
<input type="checkbox"/> 3

<input checked="" type="checkbox"/> 1
<input checked="" type="checkbox"/> 2
<input type="checkbox"/> 3

<input checked="" type="checkbox"/> 1
<input checked="" type="checkbox"/> 2
<input type="checkbox"/> 3

<input checked="" type="checkbox"/> 1
<input checked="" type="checkbox"/> 2
<input type="checkbox"/> 3

<input checked="" type="checkbox"/> 1
<input checked="" type="checkbox"/> 2
<input type="checkbox"/> 3

--	--

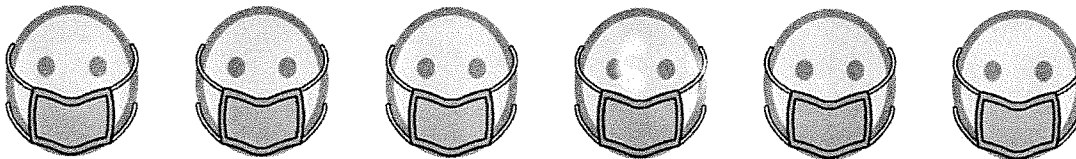
<input checked="" type="checkbox"/> 1
<input checked="" type="checkbox"/> 2
<input type="checkbox"/> 3

<input checked="" type="checkbox"/> 1
<input checked="" type="checkbox"/> 2
<input type="checkbox"/> 3

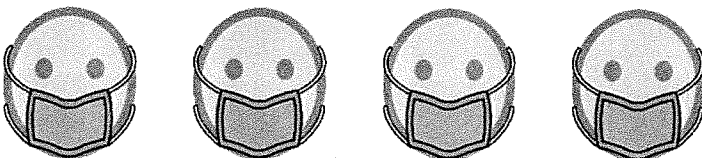
<input checked="" type="checkbox"/> 1
<input checked="" type="checkbox"/> 2
<input type="checkbox"/> 3

<input checked="" type="checkbox"/> 1
<input checked="" type="checkbox"/> 2
<input type="checkbox"/> 3

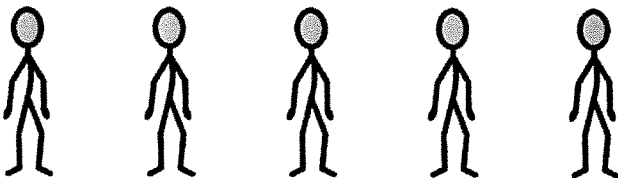
--	--



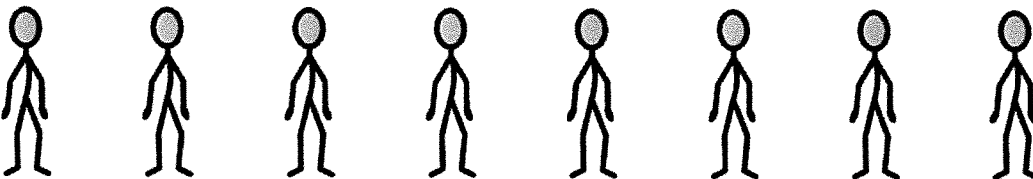
--	--



--	--



--	--

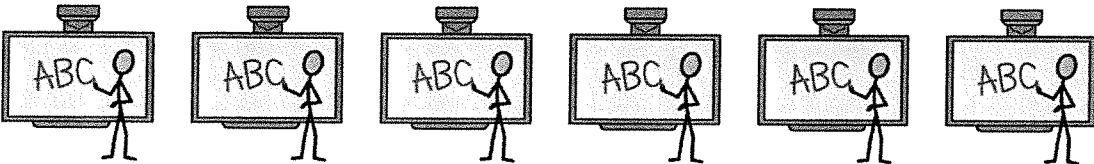
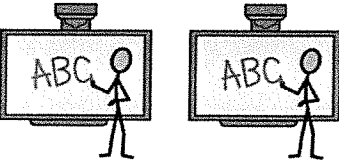


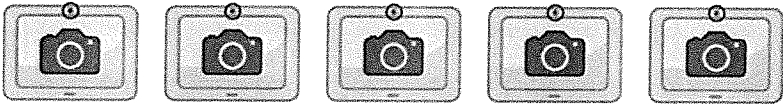
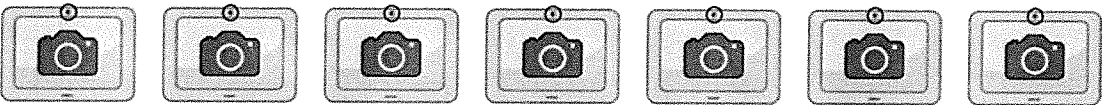
--	--

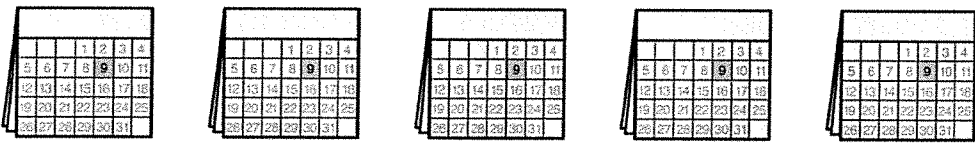
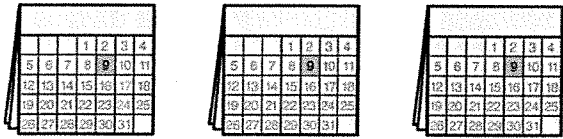
Which Is Less?

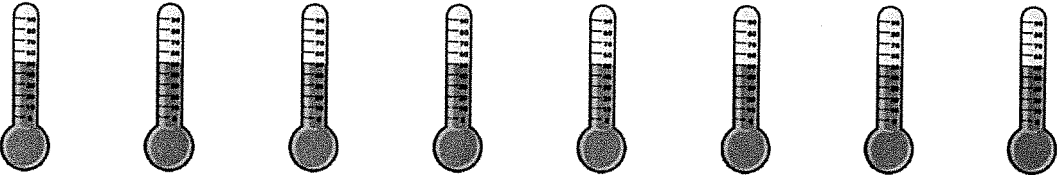
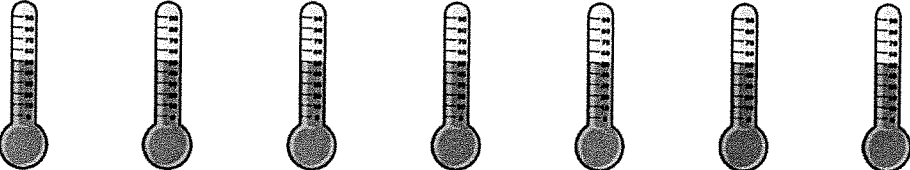
Name: _____

1. Count the items in each row. Place the number in the box.
2. Place a checkmark in the small box next to the number that is less.

	Number	Which is less?
	<input type="text"/>	<input type="checkbox"/>
	<input type="text"/>	<input type="checkbox"/>

	<input type="text"/>	<input type="checkbox"/>
	<input type="text"/>	<input type="checkbox"/>

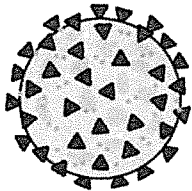
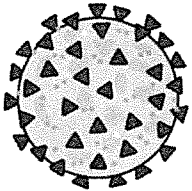
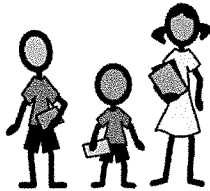
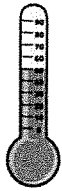
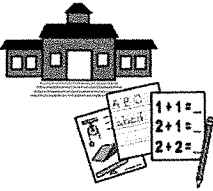
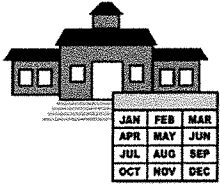
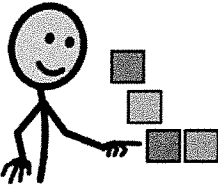
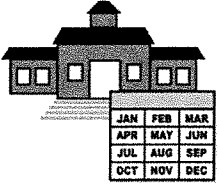
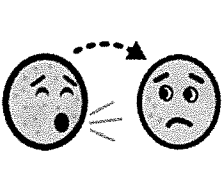
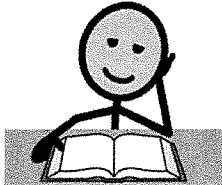

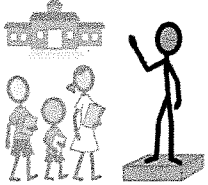
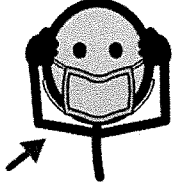

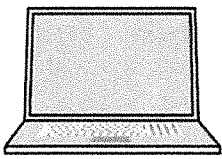
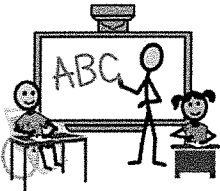

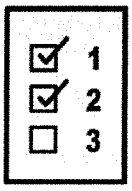
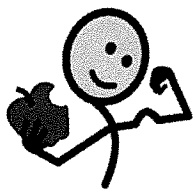
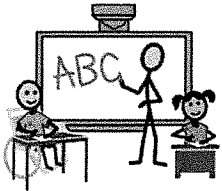

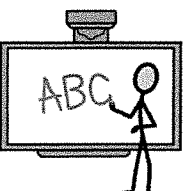



	<input type="text"/>	<input type="checkbox"/>
	<input type="text"/>	<input type="checkbox"/>

	<input type="text"/>	<input type="checkbox"/>
	<input type="text"/>	<input type="checkbox"/>

Matching

Name: _____

Choose the matching symbol in each row.

Exercise



I need exercise to be healthy.



Exercise makes my body strong.



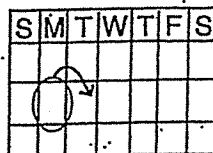
Some people walk to exercise.



Some people run to exercise.



Exercising might make me tired but it is okay.



I can rest and exercise again tomorrow.

SIT-UPS: (ABDOMINAL EXERCISE)

STEP 1: LAY ON BACK WITH ARMS BEHIND HEAD AND LEGS ARCHED

STEP 2: LIFT UPPER BODY UP AND TOWARDS KNEES

STEP 3: REPEAT



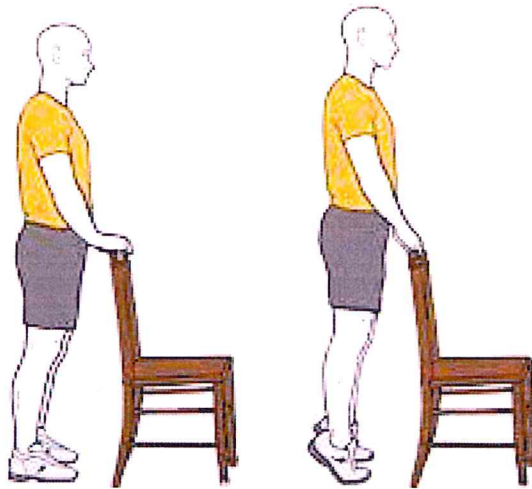
CALF RAISES (LOWER BODY EXERCISE)

STEP 1: ENTER STANDING POSTION (CAN USE CHAIR FOR BALANCE SUPPORT)

STEP 2: LIFT THE BALL OF THE FOOT OFF THE GROUND USING THE FRONT OF THE FOOT

STEP 3: RETURN TO THE NEUTRAL STANDING POSTION

STEP 4: REPEAT





Empty Trash



1



Pull the trash bag out of the trash can.

2



Get a new trash bag.

3



Put the bag into the large trash can or dumpster.

4



Tie the bag.

5



Put the new bag in the trash can.